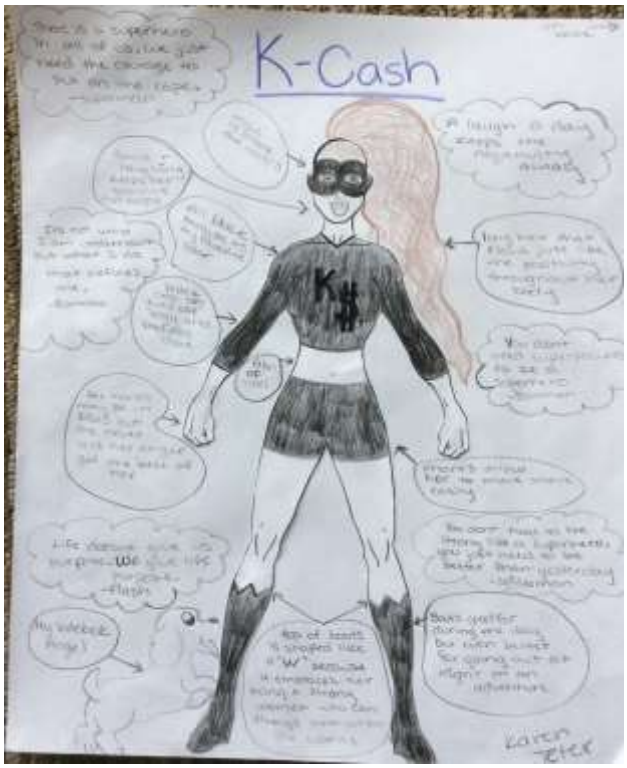
HHS135: Redesign a Life You'll Love
Spring Semester 2018

Superhero Poster Examples

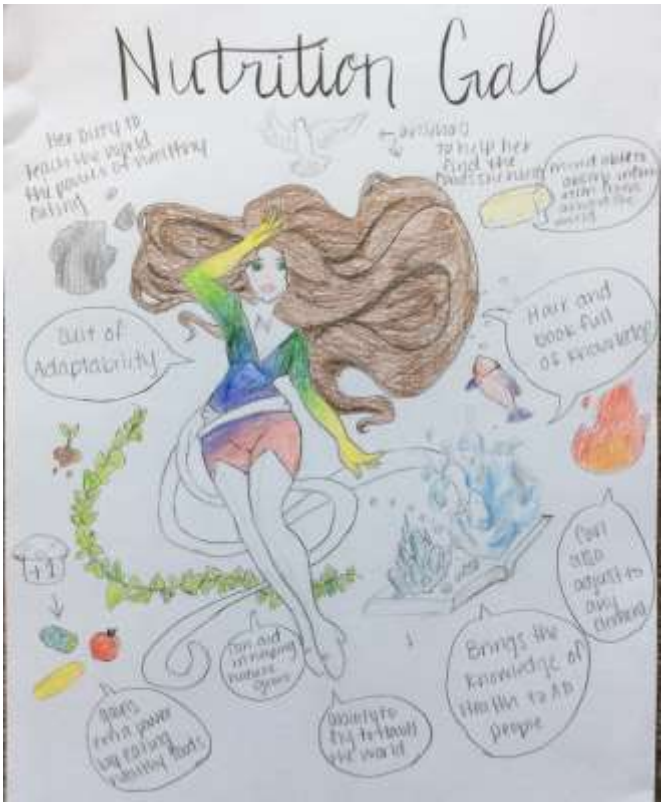
If it doesn't challenge me, it doesn't change me!
J-Juice man
The most optimistic person you'll meet!
Has the power to burn out the haters!
He is an achiever
His smile is contagious
Always puts family 1st
Has the heart of a lion
Will compete to his highest ability in anything!
Cape to shield off haters
Zest!
He's an exercising addict!
Activate!
Built to carry around energy!
An athletic freak!
Burn leader
The work is yours! ~ Juicemen

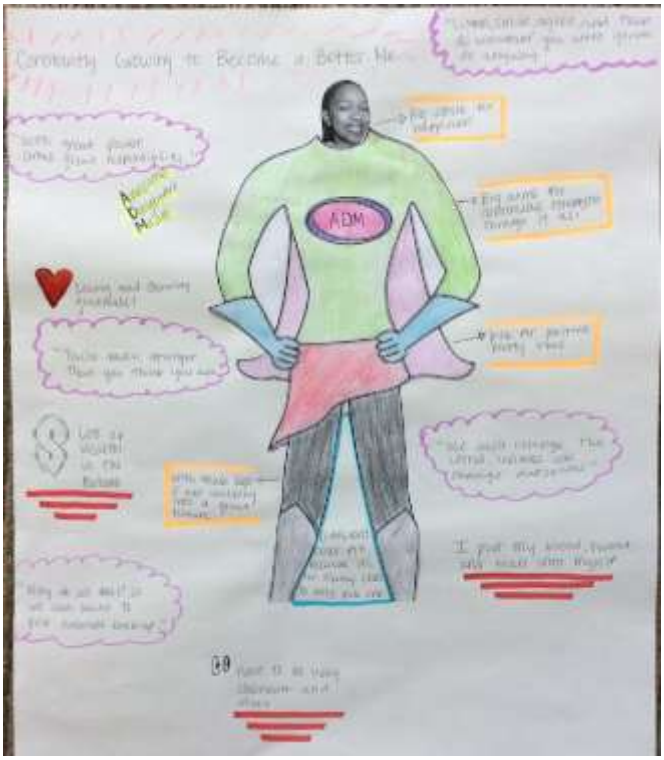

K-Cash
K$
Karen Zeck

Taylor Dunn
Name
Name to call people
SuperTay
"ST"
Can help off-ing to stop people made over something else
Help my friends today!
Logo
Because I do everything with love
Name
Care can make me fly
Helps strong to rescue
Super Powers
• Eyes can see through people and their lies
• Smile can force anyone to do anything
• Hair flip knows Tension to tell the truth
Tagline
"Be the change that you want to see"
Quotes
Quotes
• Honest
• Generous
• Open-minded
• Loving
• Emotionally Intelligent
• Trustworthy
• Reliable
• Caring
Boots can boost running speed
Boots add extra strength to legs

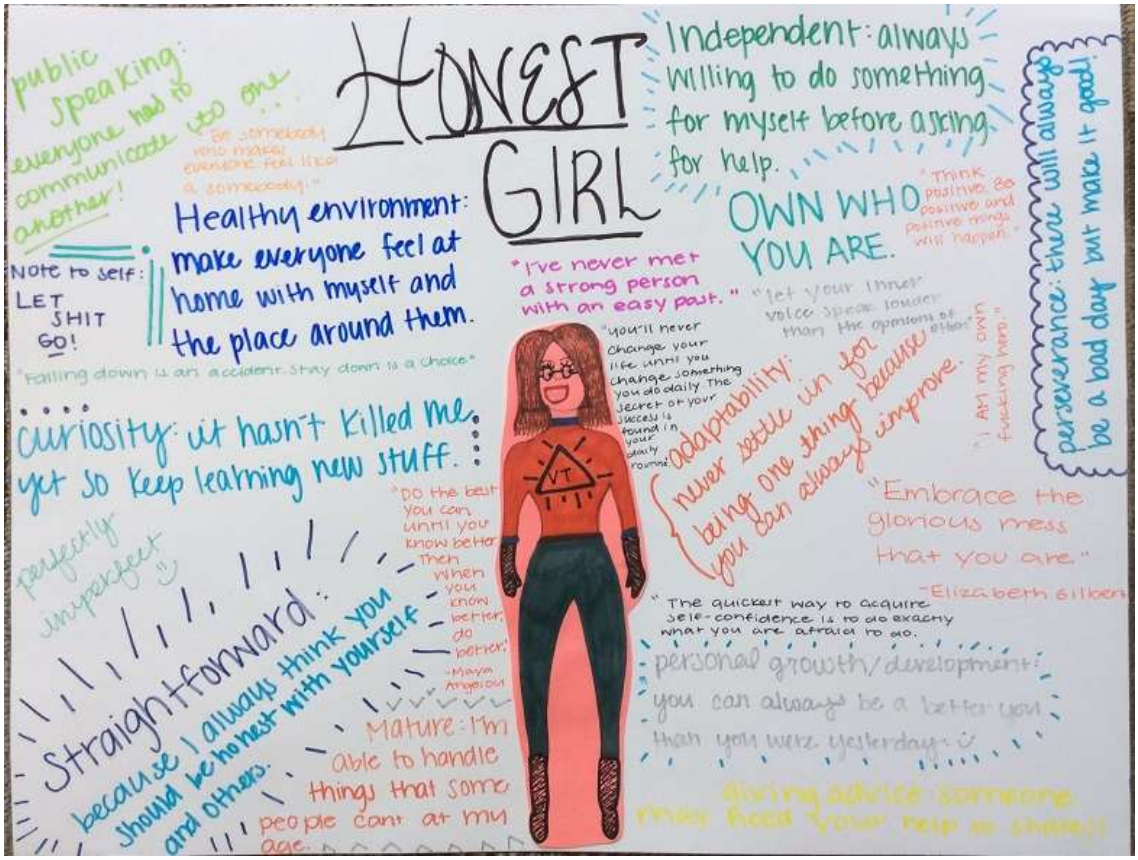
Become your OWN
SUPERHERO
"Create your destiny"
Adventure
S.M.I.L.E
Leader!!!
Role Model
Classy, sometimes sassy but never snobby
ZZZ Lazy
LOVE
S.O.C.I.A.L
THRIVE
Embrace your POWER
Head Office QUEEN
"Finish what you start!"
Achiever
FLIRTATIOUS
FUNNY
L
E
A
D
Be Happy
PASSIONate
"She believed she could, so she did."

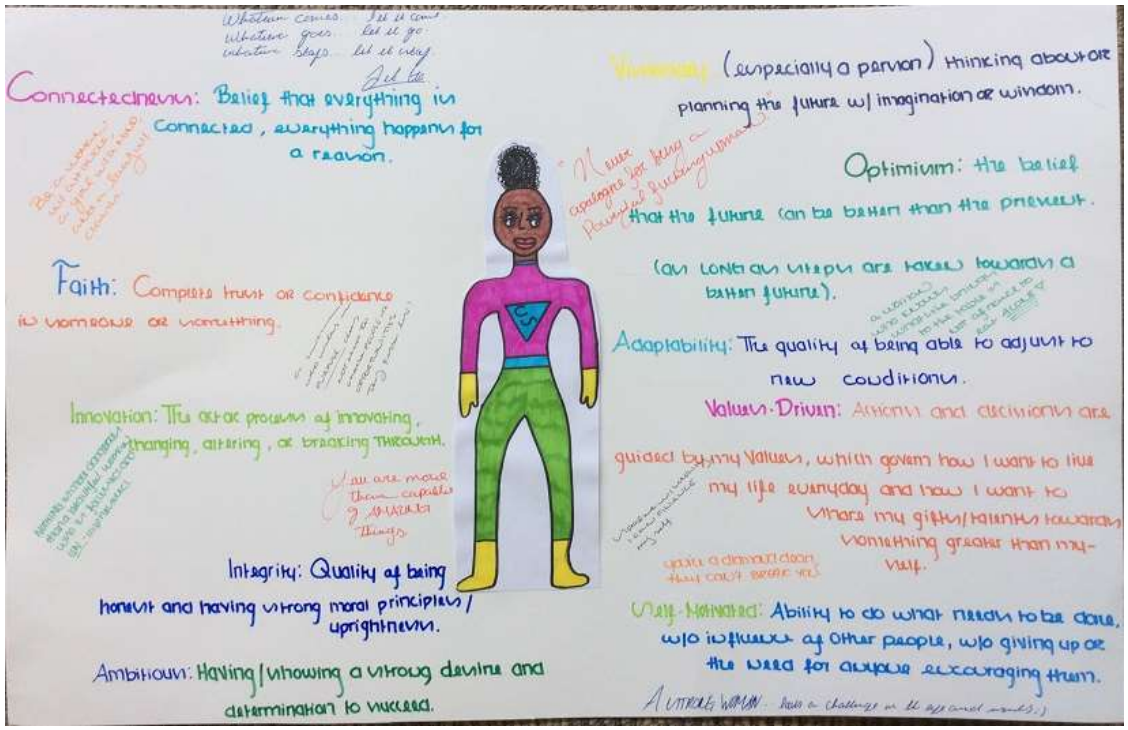
the caregiver
God → spiritual
Dependable
strength
loyalty
independent
communicator
fighter
HELPER
HumBle
honest
reliable
love
creative
creativity
courage
compassion
patience
educated
trustworthy
John 4:9
Psalms 18:2
CARING


Nutrition Gal
Her burry to teach the world the power of healthy eating
Hair and book full of knowledge
Out of Adaptability
Brings the knowledge of Health to All people


ADM

Ms. Motivation:
Green - growth
Blue - confidence
Nyeirjah Lovett
Hard heart for adorable pouch
Tagline:
"One small effort can create a domino effect!"
Bandi to deflate negativity
Cape for personal connections
"It's not who I am underneath but what I do that defines me."
Knee high boots for deep situations
Logo:
MM
Book of motivation
rhades.deviantart.com


HONEST GIRL
public speaking: everyone has to communicate with one another!
Be somebody who makes everyone feel like a somebody."
Healthy environment: make everyone feel at home with myself and the place around them.
Note to self: LET SHIT GO!
"Falling down is an accident. Stay down is a choice"
curiosity: it hasn't killed me, yet so keep learning new stuff.
perfectly imperfect
Straightforward: because I always think you should be honest with yourself and others.
"Do the best you can until you know better. Then when you know better, do better."
-Maya Angelou
Mature: I'm able to handle things that some people can't at my age.
Independent: always willing to do something for myself before asking for help.
OWN WHO YOU ARE.
"Think positive. Be positive and positive things will happen."
"I've never met a strong person with an easy past."
"You'll never change your life until you change something you do daily. The secret of your success is found in your daily routine."
"Let your inner voice speak louder than the opinions of other."
"I am my own fucking hero."
adaptability: never settle in for being one thing because you can always improve.
perseverance: there will always be a bad day but make it good!
"Embrace the glorious mess that you are."
-Elizabeth Gilbert
"The quickest way to acquire self-confidence is to do exactly what you are afraid to do."
personal growth/development: you can always be a better you than you were yesterday :)
giving advice: someone may need your help so share!!


Whatever comes: let it come
whatever goes: let it go
whatever stays: let it stay
Connectedness: Belief that everything is connected, everything happens for a reason.
Be a warrior not a worrier
Never apologize for being a powerful fucking woman
Faith: Complete trust or confidence in someone or something.
Innovation: The act or process of innovating, changing, altering, or breaking through.
You are more than capable of MIRACLE things
Integrity: Quality of being honest and having strong moral principles / uprightness.
Ambition: Having / showing a strong desire and determination to succeed.
Visionary (especially a person) thinking about or planning the future w/ imagination or wisdom.
Optimism: the belief that the future can be better than the present.
(an LGBTQ+ utopia are taken towards a better future).
Adaptability: The quality of being able to adjust to new conditions.
Values-Driven: Actions and decisions are guided by my values, which govern how I want to live my life everyday and how I want to share my gifts/talents towards something greater than myself.
you're a diamond dear that can't break yet
Self-Motivated: Ability to do what needs to be done, w/o influence of other people, w/o giving up or the need for anyone encouraging them.
A STRONG WOMAN - has a challenge on the age and sends it.